

Hapkido 9th/8th Kup - Yellow Belt

Belt Size _____ Class Day _____ Class Time _____ Today's Date _____
 Name _____ Instructor _____ E-mail _____
 Address _____ Starting Date _____ Birth Date _____
 City _____ State _____ Zip Code _____ Phone _____

PUNCHING and STRIKES		
Reverse Punch		
Moving Punch		
Palm Heel		
Tiger Mouth		
Tiger Claw		
Knife Hand		

BLOCKS		
Inside Touch		
Outside Middle		
Low Inside		
Low Outside		
High		
45 Degree		

KICKS		
Crescents		
Knee Kick		
Front Kick		
Half Moon		
Roundhouse		
Back Kick		
Side Kick		

I recognize that belts are awarded only when specific standards of performance can be met by the student during testing. If I do not achieve the desired rank, I may test again, at no cost, for that rank at the next testing session. I recognize that promotion standards are uniform and that each belt reflects a specific level of competence.

Student Signature _____

BODY MOVEMENT with Blocks

Movement	Block		
Front and Back	High		
Side to Side	Outside Middle		
Slide Back 45	Outside Middle		
Inside Pivot	45 Degree, Inside		
Back Pivot	Low Inside		
Cross-Step and Turn	Inside		
Back Spin	Outside Middle		
Back Step	Low Outside		

SELF DEFENSE

Punch Defenses (3)		
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ATTACKS FROM THE REAR

Arms Pinned		
Arms Free		
Arm Choke		

ATTACKS FROM THE FRONT

Arms Pinned		
Arms Free		
Hand Choke		

FALLING

Landing Position		
Back Fall		
Side Fall		
Forward Roll		

Pass to 8th Kup _____ Pass to 9th Kup _____ Fail _____

Judge Signature _____